

SWIMMING MANAWATŪ INC

WINTER CHAMPIONSHIPS 2024

FRIDAY 2 August to SUNDAY 4 August 2024

LIDO 25m Pool, PALMERSTON NORTH

FRIDAY 2 August 2024

SESSION 2 Warm Up 6:00pm - Start 6:30pm

1. Male Open	800m Freestyle	2. Female Open	800m Freestyle
3. Male Open	1500m Freestyle	4. Female Open	1500m Freestyle

MAKINO POOL, FEILDING

SATURDAY 3 August 2024

SESSION 2 Warm Up Males - 7.55am, Females - 8.25am - Start 9.00am

5. Male Open	200m Breaststroke	6. Female Open	200m Breaststroke
7. Male Open	50m Butterfly	8. Female Open	50m Butterfly
9. Male Open	200m Medley	10. Female Open	200m Medley
11. Male Age Group & Para	100m Backstroke	12. Female Age Group & Para	100m Backstroke
13. Male Open	200m Freestyle	14. Female Open	200m Freestyle
15. Male RELAY 13&U	4 x 50m Freestyle	16. Female RELAY 13&U	4 x 50m Freestyle
17. Male RELAY 14&O	4 x 50m Freestyle	18. Female RELAY 14&O	4 x 50m Freestyle

SESSION 3 Warm Up Females - 1.55pm, Males - 2.25pm - Start 3.00pm

19. Female Open	50m Freestyle	20. Male Open	50m Freestyle
21. Female Open	200m Backstroke	22. Male Open	200m Backstroke
23. Female Age Group & Para	100m Butterfly	24. Male Age Group & Para	100m Butterfly
25. Female Open	50m Breaststroke	26. Male Open	50m Breaststroke
27. Female Age Group & Para	100m Medley	28. Male Age Group & Para	100m Medley
29. Female Open	400m Freestyle	30. Male Open	400m Freestyle
31. Female RELAY 13&U	4 x 50m Medley	32. Male RELAY 13&U	4 x 50m Medley
33. Female RELAY 14&O	4 x 50m Medley	34. Male RELAY 14&O	4 x 50m Medley

SUNDAY 4 August 2024

SESSION 4 Warm Up Males - 7.55am, Females - 8.25am - Start 9.00am

35. Male Open	400m Medley	36. Female Open	400m Medley
37. Male Age Group & Para	100m Breaststroke	38. Female Age Group & Para	100m Breaststroke
39. Male Open	50m Backstroke	40. Female Open	50m Backstroke
41. Male Age Group & Para	100m Freestyle	42. Female Age Group & Para	100m Freestyle
43. Male Open	200m Butterfly	44. Female Open	200m Butterfly
45. Mixed RELAY	4 x 100m Freestyle		

SWIMMING MANAWATU

WINTER CHAMPIONSHIPS 2024

MEET CONDITIONS

- **No late entries accepted.**
 - **Entries close 22:00 Sunday 28 July 2024** via the SNZ database.
 - **Entry fees are \$8.50 per event (including relays) to be paid at the time of entry.**
 - No water is available for warm up or warm down during the sessions.
 - All events will be swum as Timed Finals.
 - ***All Club Team Managers and Coaches will be required to have a current Police Check held by Swimming New Zealand.***
 - 400m events may be restricted to fastest 24 swimmers.
 - SNZ Policy 008 will apply. Scratchings from all events must be received before the conclusion of the preceding session. Session 2 scratchings must be received Friday night (14 July) before 8pm.
 - The scratching penalty fee will be \$50.00 for each event where the scratching rule is not observed. The Protest fee will be \$100.00 cash.
 - Refunds will be made up to 30 July 2024, thereafter on production of a medical certificate.
 - All swimmers must be registered competitive members of Swimming New Zealand. Age is as at first day of the meet.
 - Swimming Manawatu reserves the right to alter the programme and limit entries should the need arise.
 - An official's break may be held half way through each session.
 - Medals will be awarded for first, second and third places. Medals are to be collected from meet control by the Club Team Manager only please.
 - **Swimmers may only enter events for which they have times in the database.**
- **Please note: results for events 11, 12, 23, 24, 27, 28, 37, 38, 41, 42 will be published in age groups of 10 years and under, 11-12 years, 13-14 years, 15 years and over, and Open age group for Para swimmers (Open Para).**
 - Relay events 15, 16, 17, 18, 31, 32, 33, 34, 45 are open to all Clubs, Manawatu Clubs will earn points for the Norm Still Relay Trophy.
 - Time trials (\$15.00 fee) may be accepted at the discretion of the Race Secretary but only if lane space is available – heats will not be reseeded or added. Applications will be accepted on a first in basis.
 - Meet conducted under WA, SNZ & Para rules where sufficient officials are available.
 - Mixed relays must include two swimmers of each gender.
 - Clubs to provide 1 timekeeper per four swimmers in each session.
 - The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.

**Psych sheets will be available on the Manawatu website
www.manawatu.swimming.org.nz**

All queries to: manswim.racing@gmail.com